

# DEAN STANDARDS

STANDARD NONFAT MILK 0.15%FAT, 8.8%MSNF  
WITH VITAMIN A + D

## Nutrition Facts

Serving Size 1 cup (240 mL)

Servings Per Container

### Amount Per Serving

**Calories** 90 **Calories from Fat** 0

### % Daily Value\*

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

**Cholesterol** 5mg **1%**

**Sodium** 130mg **5%**

**Potassium** 410mg **12%**

**Total Carbohydrate** 13g **4%**

Dietary Fiber 0g **0%**

Sugars 12g

**Protein** 8g **17%**

**Vitamin A** 10% • **Vitamin C** 4%

**Calcium** 30% • **Iron** 0%

**Vitamin D** 25% • **Folate** 0%

\* Percent Daily Values are based on a 2000 calorie diet.

Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: nonfat milk, Vitamin A Palmitate, Vitamin D3

Contains: milk

For Information Purposes Only.

This formula contains food allergen ingredients.

**TRUMOO  
FAT FREE  
CHOCOLATE MILK  
VITAMIN A & D  
(FEDERAL STANDARD - 22G SUGAR/SERVING)**

<b>Nutrition Facts</b>	
Serving Size 1 cup (240 ml)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories</b> 130	Calories from Fat 0
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 200mg	<b>8%</b>
<b>Potassium</b> 440mg	<b>12%</b>
<b>Total Carbohydrate</b> 24g	<b>8%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 22g	
<b>Protein</b> 8g	<b>16%</b>
Vitamin A 10%	● Vitamin C 2%
Calcium 30%	● Iron 2%
Vitamin D 25%	● Riboflavin 20%
Folate 2%	● Vitamin B12 15%
Phosphorus 25%	
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram:	
Fat 9	● Carbohydrate 4 ● Protein 4

**INGREDIENTS:** Nonfat Milk, Sugar, Contains less than 1% of: Cocoa (processed with alkali), Corn Starch, Salt, Carrageenan, Natural and Artificial Flavor, Vitamin A Palmitate, Vitamin D3

Contains: milk

COMMENTS: Label Info:

PDP Info:

Fat Free  
Chocolate Milk  
Vitamin A & D

IP Info:

Grade A

Dean Foods, 2711 North Haskell Ave, Suite 3400, Dallas, Texas 75204

MYLA POTHIAWALA PRODUCTION FORMULA Formula # 25185 3/9/2011 Status: APPROVED  
Nutrition Last Revised: 03/01/2011

**TRUMOO  
NATURALLY FLAVORED  
STRAWBERRY  
FAT FREE MILK  
VITAMIN A & D  
(FEDERAL STANDARD)**

# Nutrition Facts

Serving Size 1 cup (240 mL)  
Servings Per Container

**Amount Per Serving**

**Calories** 130      **Calories from Fat** 0

**% Daily Value\***

**Total Fat** 0g      **0%**

Saturated Fat 0g      **0%**

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

**Cholesterol** 5mg      **2%**

**Sodium** 125mg      **5%**

**Potassium** 400mg      **11%**

**Total Carbohydrate** 23g      **8%**

Dietary Fiber 0g      **0%**

Sugars 22g

**Protein** 8g      **16%**

Vitamin A 10%      ●      Vitamin C 2%

Calcium 30%      ●      Iron 0%

Vitamin D 25%      ●      Riboflavin 25%

Folate 2%      ●      Vitamin B12 15%

Phosphorus 25%

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Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:  
Fat 9      ●      Carbohydrate 4      ●      Protein 4

**INGREDIENTS:** Nonfat milk, sugar, contains less than 1% of: Natural and artificial flavors, beet juice powder (color), carrageenan, vitamin A palmitate, vitamin D3

**Contains:** milk

Dean Foods, 2711 North Haskell Ave, Suite 3400, Dallas, Texas 75204

MYLA POTHIAWALA PRODUCTION FORMULA Formula # 25365 4/19/2011 Status: APPROVED  
Nutrition Last Revised: 4/6/2011